

# Role-play Toolkit


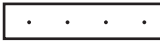

## Make it Yourself: Serjeant-at-Arms jabot and cuffs



### You will need:

- 50 cm x 4 cm white dress fabric
- 50 cm x 60 cm white lace curtain fabric
- 2 cm x 20 cm white elastic
- white cotton
- sewing needle
- sewing machine
- scissors
- tape measure
- sewing chalk and/or sewing pins
- a flat, clean surface to work on.

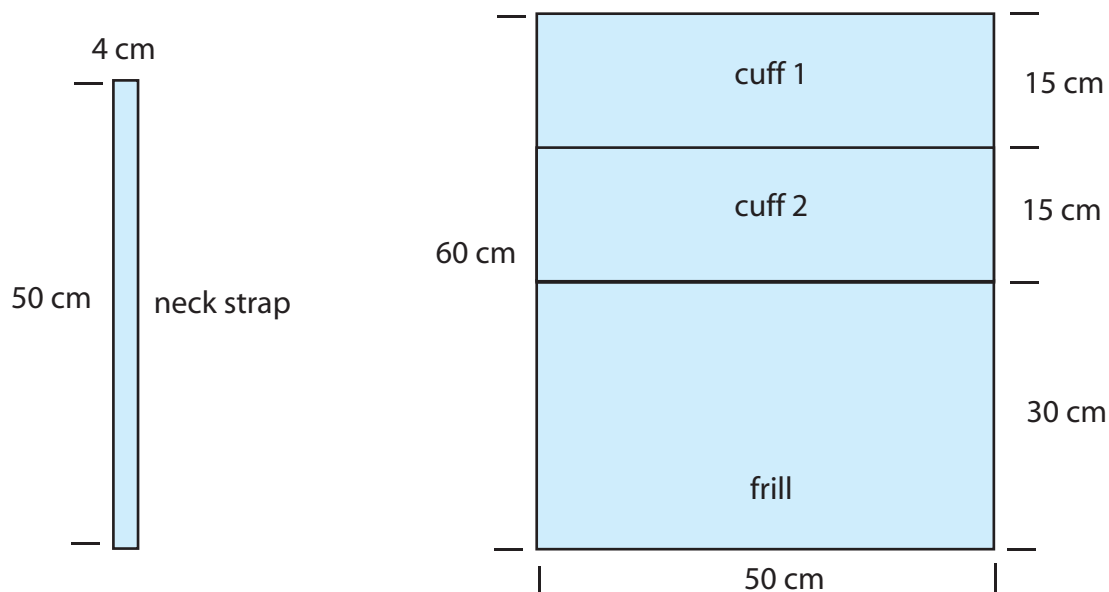
### Key:

-  cut here
- fold here
-  wrong side of fabric
-  right side of fabric
- centre point
- - - - - stitching

### Step 1: Cutting out the fabric pieces

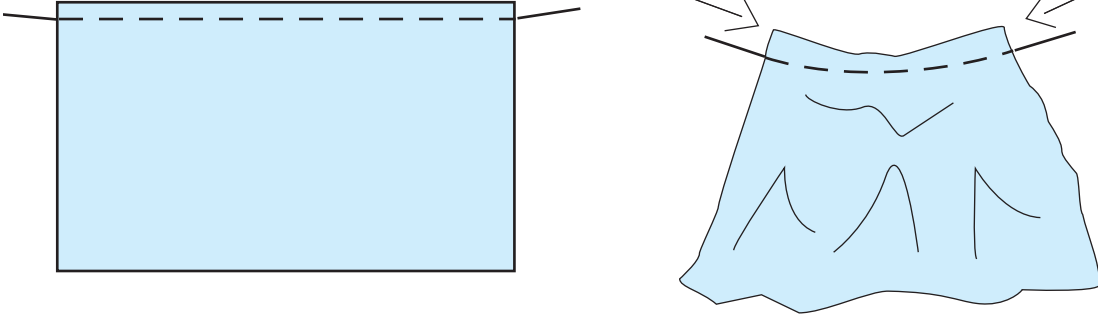
a) Lay the lace fabric as a single layer on a flat, clean surface.

b) Measure and cut the jabot **frill** and **cuffs** from lace fabric as indicated on the diagram below.



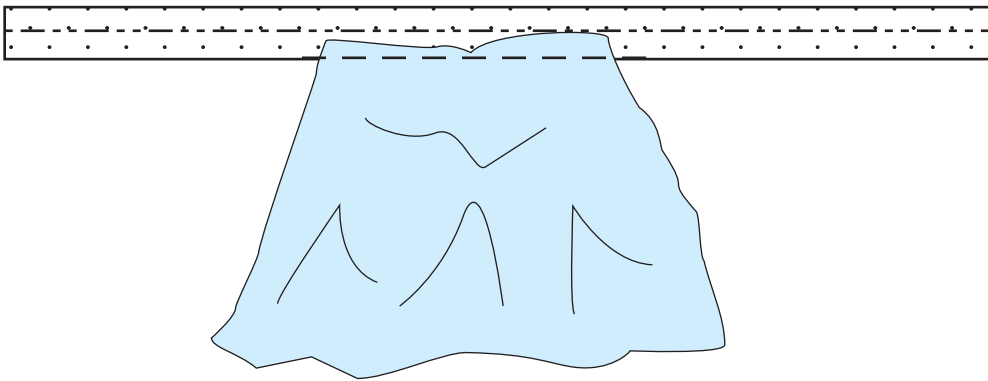
## Step 2: Making the frill for the jabot

- Run a long gathering stitch across the top edge of the **frill** piece.
- Pull gathering stitch together.

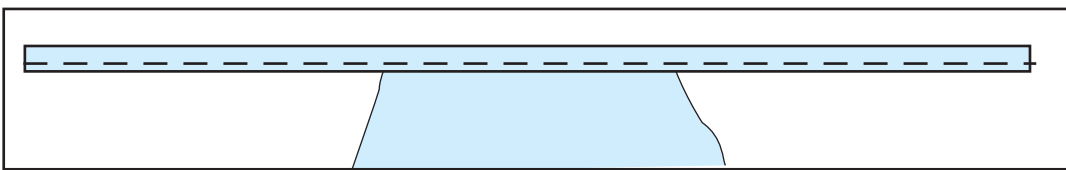


## Step 3: Finishing the jabot

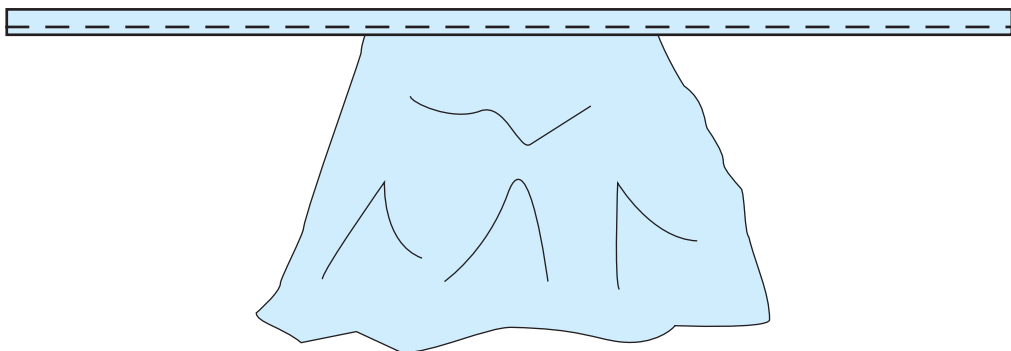
- Lay the **neck strap** fabric flat, wrong side up.
- Stitch gathered edge of the **frill** to lower edge of **neck strap**.



- Fold **neck strap** over matching edges and hem, securing **frill** at the same time.



- hem open ends of **neck strap**.

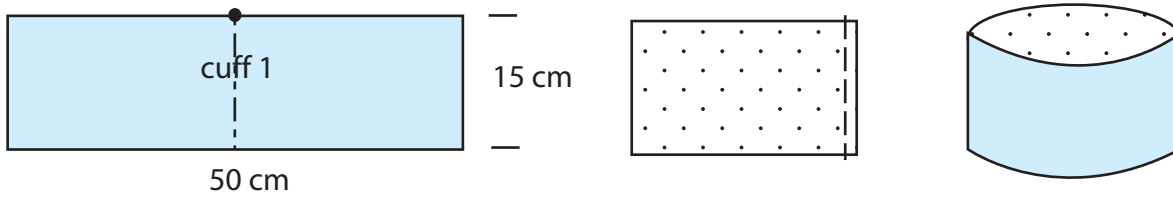


Your jabot should look like this.

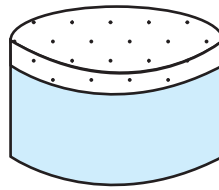


## Step 4: Making the lace cuffs

- Fold lace **cuff** in half to find centre point. Match edges.
- Stitch edges together to form a lace cylinder.

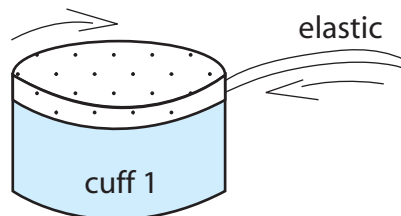


- Turn up and stitch a seam along the top edge of **cuff**. Make sure the seam is wide enough to thread **elastic** through.
- Repeat for **cuff 2**.



## Step 5: Finishing the lace cuffs

- Thread one piece of **elastic** through the hem casing on the top edge of **cuff**.



- Pull **elastic** in, gathering lace.
- Join and secure elastic with a stitch.
- Repeat for **cuff 2**.



Your cuffs and jacobin should look like this.

