SERJEANT-AT-ARMS JABOT AND CUFFS

You will need:
1 50 cm x 4 cm white dress fabric
2 50 cm x 60 cm white lace curtain fabric
3 2 cm x 20 cm white elastic
4 white cotton
5 sewing needle
6 sewing machine
7 scissors
8 tape measure
9 sewing chalk and/or sewing pins
10 a flat, clean surface to work on.

Key:
- cut here
- fold here
wrong side of fabric
right side of fabric
- centre point
- stitching

Cutting out the fabric pieces

a) Lay the lace fabric as a single layer on a flat, clean surface.

b) Measure and cut the jabot frill and cuffs from lace fabric as indicated on the diagram below.
2

Making the frill for the jabot

a) Run a long gathering stitch across the top edge of the frill piece.

b) Pull gathering stitch together.

3

Finishing the jabot

a) Lay the neck strap fabric flat, wrong side up.

b) Stitch gathered edge of the frill to lower edge of neck strap.

c) Fold neck strap over matching edges and hem, securing frill at the same time.

d) Hem open ends of neck strap.

Your jabot should look like this.
4 Making the lace cuffs

a) Fold lace cuff in half to find centre point. Match edges.
b) Stitch edges together to form a lace cylinder.

c) Turn up and stitch a seam along the top edge of cuff. Make sure the seam is wide enough to thread elastic through.
d) Repeat for cuff 2.

5 Finishing the lace cuffs

a) Thread one piece of elastic through the hem casing on the top edge of cuff.
b) Pull elastic in, gathering lace.
c) Join and secure elastic with a stitch.
d) Repeat for cuff 2.

Your cuffs and jabot should look like this.